

Carleton Community Chorus | Coronavirus unlock plan

Rehearsals at St Martin & St Hilda's Church, Carleton

Date	Social distancing etc.	Masks & cleaning	Singing	Arrival/Departure	Train/Communicate
September	<ul style="list-style-type: none"> • 1m distancing whilst rehearsing • No social distancing at other times but people to respect each other's space • No more than 1 person in the toilets at a time • Limit numbers in corridor and pinch points 	<ul style="list-style-type: none"> • Masks worn on entry and exit • Masks no longer obligatory when singing, but used whilst not singing (personal choice) • Hand sanitiser stations remain in place • Members to bring their own equipment (music, pencils, drink etc) 	<ul style="list-style-type: none"> • Space well ventilated – doors and windows open. Members to be prepared to layer clothing. • Sit/stand side by side • Singers to be at least 2m from MD and Accompanist • Face coverings to be worn whilst not singing (personal choice) • Breaks to reventilate room 	<ul style="list-style-type: none"> • Do not arrive before 6.55 pm • Hand sanitiser available for use • Sign register and pay subs on arrival then go to seat • Row at a time to leave the building at the end of rehearsal 	<ul style="list-style-type: none"> • Risk assessment available for all members • Simple instructions/expected behaviours sent to members • Verbal reminders at rehearsals
October	<ul style="list-style-type: none"> • As above 	<ul style="list-style-type: none"> • As above for hand sanitiser and equipment 	<ul style="list-style-type: none"> • Masks no longer obligatory, no longer encouraged during singing 	<ul style="list-style-type: none"> • As above 	<ul style="list-style-type: none"> • As above

This plan has been discussed and approved by the committee on 31st August 2021

Guidance for members:

Before rehearsal	
	<p>Do not come to rehearsal if:</p> <ul style="list-style-type: none"> • You have symptoms / feel unwell • You have tested positive (PCR or Lateral flow) • You have been told to self-isolate • You have close contact with has tested positive • You are quarantining after a visit abroad
	<p>Please make sure you have completed and emailed Diane a copy of your member data sheet, as this provides up to date contact details, information for safeguarding including an emergency contact number.</p>
	<p>New members should get in touch with Diane before attending a rehearsal, so that the music can be emailed out prior to attending their first rehearsal.</p>
	<p>We encourage you to use lateral flow tests regularly (ideally the day of rehearsal if you can)</p>
	<p>The church will be cleaned before our rehearsal / after the last use</p>
During rehearsal	
	<p>Maintain social distancing during rehearsal time and respect others</p>
	<p>Individuals can request a greater distance for themselves - please respond to Diane</p>
	<p>Be respectful of each other's space</p>
	<p>We will keep doors and windows open for as long as possible - consider bringing warm clothing</p>
	<p>Wash / sanitise your hands on arrival and regularly after that</p>
	<p>Follow any protocols the church has in place</p>
	<p>Sign in on our register on arrival</p>
	<p>Avoid touching shared surfaces as much as possible</p>
	<p>Bring your own music, pencil etc. Do not share equipment if possible (use hand sanitiser if you have to)</p>
	<p>Bring your own refreshments – please ensure that you take all your belongings, including water bottles with you, when you leave.</p>
Notes:	<p>Even if you have been vaccinated you must apply by these rules If you wish to discuss any of the above, please contact any member of the committee</p> <p>The registers (one for each section) will be placed on a table at the entrance of the church. Please sanitise before signing in. Sign in straight away and then go to your seat.</p> <p>If you don't follow these rules you will jeopardise our ability to rehearse in the future</p>

Notes for Committee Members:

Committee members to arrive at 6.30pm to put out chairs. Members must not arrive before 6.55 pm.

Committee members will remain at the end to put chairs away.